

Are you a mighty girl*? Ready to become a mighty woman, but have questions? Then come to Forest Avenue Library, meet some community experts, and get your questions answered in this five session series! Know your body, know yourself, get empowered.

Registration required. To learn more, go to: dmpl.org/events-news or call (515) 283-4152.

SEPTEMBER 10 - Empowered is a Mighty Word SEPTEMBER 17 - Families, BFFs, and BAEs SEPTEMBER 24 - LGBTQ and Beyond OCTOBER 1 - Period and Puberty Positivity OCTOBER 8 - Strong Minds Moving Forward

*The Girl Power Initiative recognizes and welcomes individuals who self-identify as gender fluid, non-binary, and transgender who seek inclusion in our programming.



FOREST AVENUE LIBRARY

dmpl.org | 515.283.4152

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